

Raising a bilingual child

A gentle starter, from your very first days together.

Five gentle ways to begin

1 Sounds before words

Sing, hum and talk in the language while your baby's ear is at its widest. Lullabies count as lessons.

2 Learn together

You don't need to be fluent. Press play and learn right beside your child, the two of you growing at once.

3 Little and often

Five warm minutes a day beats an hour once a week. Weave it into bath time, the car, the walk to nursery.

4 Slow and mouth-forward

Speak slowly, let them see your mouth, and repeat, and repeat. That is how the sounds land.

5 Make it home

Cook, count, name and play in the language, so it lives in your home rather than sitting in a lesson.

Your family's first words

Write them in the language closest to your heart, and say them today.

Hello

Thank you

I love you

Goodnight

Well done